

Carolina Otolaryngology Consultants, P.A.

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IMPORTANT INFORMATION ABOUT YOUR OPERATION

1. Many non-prescription drugs can cause bleeding problems during or after surgery and must be avoided ten (10) days prior to surgery until two (2) weeks after surgery. These include:

Aspirin	Motrin	Advil	Aleve	Excedrin
Nuprin	Ecotrin	Bufferin	Anacin	Naprosyn
Plavix	Arthrotec	Coumadin	Mobic	Voltaren
Feldene	Warfarin	Cataflam	Anaprox	Indocin
Clinoril	Co-Advil	Toradol	Ibuprofen	And many of the over the counter cold medications
Vitamin E	Dolobid			

Tylenol is okay.

2. Make sure your doctor knows all medication you are taking, including over the counter drugs, vitamins and birth control pills.
3. To prevent infection, it is important to shower or bathe and wash your hair the night before surgery. Also, brush your teeth the morning of surgery.
4. Sometimes surgery must be rescheduled to accommodate people with cancer or other urgent problems. If that happens to you, we will try to let you know as far in advance as possible.
5. If your surgery is arranged through Outpatient Surgery at the hospital you may need to make another trip a few days prior to surgery to get your lab work done. If so, we will help you arrange a time for this. You will need to come to our office for your history and physical examination and then you will leave this office and go over to the Hospital for the lab work. Please bring **all medications** that you are currently taking, to this history and physical appointment.
6. Please be sure to leave our office with a current telephone number where you can be reached.
7. If given a blue post-op kit, please remember to bring it with you on the day of scheduled surgery.

REPLY TO ROCKY MOUNT OFFICE